

BEFROOT BURGER-



THE PERFECT BURGER BUILD

INGREDIENTS

Beetroot Bun	Beefroot Burger
15g Mayo	30g Mild Soft Goats Cheese
10g Rocket Leaves	20g Avocado

COOKING THE BEEFROOT BURGER

Remove burger from packaging and place on a hot plate or skillet.

Cook as follows:

Place the burger on a preheated hotplate/skillet & cook for 7.5-8.5 mins OR until a core temperature of 75°C is reached.



- **1.** Toast the Beetroot bun
- 2. Smashed avocado
- **3.** Mild soft goats cheese
- 4. Cooked Beefroot Burger
- 5. Rocket leaves
- 6. Mayo on the bun bottom

Or why not try chopped in a salad...

Mixed leaves, sliced radishes & peppers & avocado, soft goats cheese and chopped cooked <u>Beefroot Burger</u>